

NEWS YOU CAN USE

PERSONAL INJURY

THE
JAN DILS
FOUNDATION

JUNE 2022



Have You Been Seriously Injured by a Drunk Driver?

The statistics are grim: Each day about 28 people in America die in accidents caused by drunk drivers. Over a 10-year period from 2010 to 2019, more than 10,000 people died each year in such incidents, according to the National Highway Traffic Safety Administration (NHTSA).

Three alcoholic drinks will bring a person's blood alcohol level to approximately 0.05%, which can impair the ability to rapidly focus vision, reduce alertness and decrease coordination – to the point that steering becomes difficult and response to driving emergencies is blunted.

If you or a loved one are a victim of DUI, you most likely have legal recourse against the drunk driver, but did you

know that in many states, the business or individual that provided the alcohol to the driver may be liable for your injuries?

What Are Dram Shop Laws?

“Dram shops” are the original bars and other establishments that sold liquor to individuals in England during the 18th

century. This gave rise to the term dram shop laws, which are laws that hold a person or business liable for providing a visibly intoxicated person with alcohol, if that person goes on to injure someone or cause harm in another way.

Under the dram shop law, when a plaintiff is injured as a direct result of an intoxicated patron being overserved at a bar or other establishment, the injured party is entitled to compensation from the establishment or private citizen serving the person who caused the accident.

Crashes caused by drunk drivers can be devastating. Not only do these wrecks tend to be more severe, they are also in a legal class by themselves. A personal injury attorney can help you navigate the complex maze of insurance companies, personal injury lawsuits and damage awards. Contact us at the **JanDilsFoundation.org** or **833.534.3577**. We are always here to help.

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Sources: <https://www.forbes.com/advisor/car-insurance/drunk-driving-statistics/>
<https://healthblog.uofmhealth.org/wellness-prevention/how-alcohol-impairs-your-ability-to-drive>
<https://www.findlaw.com/dui/laws-resources/dram-shop-laws.html>

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Letter From Jan

It's spring and the weather is gorgeous. Now is the time many folks want to

hop in the car and take a drive to enjoy the beautiful scenery. By all means, go, but THINK before you drink and drive. The roads are crowded with people looking at trees and not paying attention to their driving — best to have that cocktail after you get home. Better yet, visit one of our popular state parks, like Hocking Hills, and get out and walk. You'll

get to see the scenery up close and benefit from a bit of exercise. Win-win!

But while you're taking that walk, be sure to watch where you're going. There may be mossy, slippery rocks around those majestic waterfalls. And keep your cellphone in your pocket while you walk. We don't want you to be a statistic.

School is almost out — can you believe it? Another year has flown by. Here's wishing you and your loved ones a safe, happy summer season! Let's be careful out there.

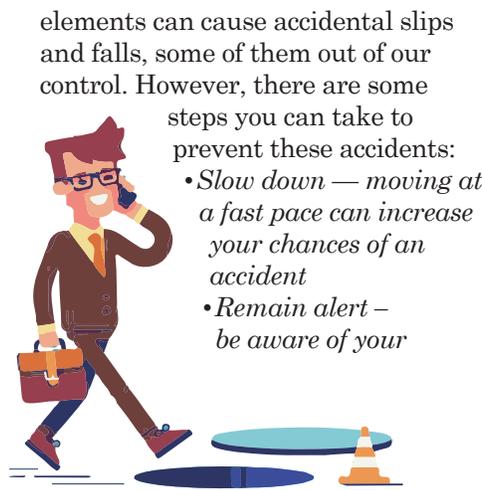
Jan Dils brings her expertise to issues that affect you and millions of other Americans every day. While her knowledge spans the critical areas pertaining to Personal Injury, Veterans benefits, Social Security disability benefits and related appeals and claims, her practice remains focused on people, making sure you get the right answers and results.



Mindful MATTERS

Reduce Slips, Trips, and Falls

It's happened to most of us. Did you know that slips, trips and falls account for 15% of all accidental deaths per year? That's second only to motor vehicle accidents. Although not all falls are fatal, many times they do result in serious injuries. Many



elements can cause accidental slips and falls, some of them out of our control. However, there are some steps you can take to prevent these accidents:

- Slow down — moving at a fast pace can increase your chances of an accident
- Remain alert — be aware of your

surroundings and avoid distractions such as your cellphone

- Don't wear sunglasses in low-lit areas
- Use designated walkways
- Use caution on wet, greasy or freshly waxed floors
- Reduce clutter in your home and remove loose rugs or mats (that's why they're called "throw" rugs)
- Be alert to weather hazards, such as rain, sleet, ice, snow or frost

So, to avoid a fall, pay attention to your surroundings — and slow down.

Source: https://www.grainger.com/know-how/safety/walking-working-surfaces/slip-trip-hazards/kh-6-tips-help-prevent-slips-trips-and-falls?ef_id=CjwKCAjwsJ6TBhAIEiwAfl4TWKpxOrj-dGfCoPcAB6EVZON8hHhHoaXiceMVS7dMNOLsVgWnOSM79RoCIPOQAVD_BwE:G:s&s_kwcid=AL12966!3138001704423!!!lg!!&gclid=N:N:PS:Paid:GGL:CSM-2296:AD9MJX:20511231&gclid=CjwKCAjwsJ6TBhAIEiwAfl4TWKpxOrj-dGfCoPcAB6EVZON8hHhHoaXiceMVS7dMNOLsVgWnOSM79RoCIPOQAVD_BwE&gclid=aw.ds

RECREATIONAL SPOTLIGHT

Old Man's Cave

The beautiful season of spring is upon us, and it's a great time to get outside. One of our favorite places to hike is Hocking Hills State Park near Logan, Ohio. Old Man's Cave, located in the state park, is one of Ohio's most popular natural history attractions.

According to legend, the cave is named for "Old Man" Richard Rowe, a recluse who lived at least briefly in the cave beginning in 1796. He had migrated to Ohio with his family from the Cumberland Mountains in Tennessee. He eventually settled in the Hocking Hills, and is purportedly buried in the cave.

The cave, located in a gorge of black hand sandstone, is the result of thousands

of years of erosion — principally caused by glaciation and Salt Creek, which flows through the gorge. While Old Man's Cave is relatively small, the gorge itself extends for approximately one-half mile and reaches a depth of approximately 150 feet at its deepest point. Various forms of plant life, most notably hemlock, black birch, and Canadian yew, thrive in the gorge.

Visitors can hike to two waterfalls that plunge into swirling pools, deep gorges and massive rock formations, although no swimming or wading is allowed. More than 25 miles of beautiful hiking trails extend throughout the park and adjacent state forest. Park admission is free, and



"Brian and I would go to Old Man's Cave at least once a year. We enjoyed the surroundings — the coolest was going into the caves and the waterfalls."

— Lisa Stanley, SS Case Development Team Leader

camping facilities, fishing, picnicking and an archery range are also available. See www.thehockinghills.org for more information.



About 40% of women are estimated to use talcum powder on a regular basis.

Can You Get Ovarian Cancer from Talcum Powder?

Studies dating from 1971 suggest that talcum powder applied directly to the female genital area or on sanitary napkins, diaphragms or condoms may cause ovarian cancer. In fact, the American Cancer Society lists the use of talcum powder as a risk factor for ovarian cancer, the deadliest cancer of the female reproductive system.

Talcum powder is made from talc, a naturally occurring mineral that when finely ground absorbs moisture, oils and odor, and reduces friction. About 40% of women are estimated to use talcum powder on a regular basis.

One theory is that when talcum powder is used for feminine hygiene, talc particles can travel through the vagina, uterus and fallopian tubes to the ovaries – where these particles can take years to dissolve. Research shows that talc can cause inflammation, which in turn creates conditions that increase the likelihood of cancer growth. Long-term inflammation can eventually lead to the formation of cancerous tumors.

Pharmaceutical giant Johnson & Johnson, a major talcum powder manufacturer, is aware of research that shows the potential increased risk of ovarian cancer associated with its over-the-counter products, such as Johnson's Baby Powder and Shower to Shower body powder. However, the company maintains that research into the matter is inconclusive and does not

include an ovarian cancer warning on its talcum powder products.

Still, thousands of ovarian cancer patients and their families have sued Johnson & Johnson over allegations that it failed to adequately warn consumers of studies linking its products to ovarian cancer. Litigation is ongoing, but so far, juries have ruled

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What's Cooking? Broccoli Salad

From **Bobbi Adderton**, Creative Department

INGREDIENTS:

Mix together in large bowl:

1 large head broccoli, washed and chopped into bite-sized pieces

8-12 slices bacon, fried crisp and crumbled (adjust number of slices to your taste)

1/2 c. onion, chopped fine (Vidalia, if available)

1/2 c. raisins

1/2 c. chopped pecans

Dressing: In a small bowl, mix 1 c. mayo, 3 Tbsp. cider vinegar and 1/2 c. sugar.

DIRECTIONS: Pour dressing over salad and mix well. Let stand in refrigerator 3-4 hours before serving. (Can chop everything the night before and mix this up in the morning, if you prefer.) Will keep for 1-2 days in the refrigerator.



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Continued from inside story

against Johnson & Johnson in four out of five trials, finding the company should pay more than \$700 million in damages.

Ovarian Cancer Symptoms

Part of the female reproductive system, the ovaries produce a woman's eggs and

female hormones. Although it's uncommon, ovarian cancer causes more deaths than any other female reproductive cancer.

The chances of recovering from ovarian cancer are significantly higher if the cancer is diagnosed and treated early. Unfortunately, women with

ovarian cancer may experience only mild symptoms (or none at all) until the disease has progressed into an advanced stage. At that point, the cancer is more difficult to treat.

Symptoms may include:

- *Pain or*

pressure in the pelvic area

- *Pain in the lower abdomen*
- *Vaginal bleeding or abnormal discharge*
- *Weight gain or loss*
- *Abnormal periods*
- *Gas, nausea or vomiting*

Diagnosing ovarian cancer typically involves a physical exam, a pelvic exam, lab tests, ultrasound or a biopsy. To treat ovarian cancer, doctors usually recommend a combination of surgery and chemotherapy.

Medical bills add up quickly. If you or a loved one has been diagnosed with ovarian cancer and is a regular user of talcum powder, you may be eligible for compensation. First, obtain a diagnosis from your medical provider, then contact a member of our team at **JanDilsFoundation.com** or **833.534.3577**. It won't cost anything to see if we can help.

